

**TRAINING GUIDE
OF
THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE

TRAINING PROGRAM IN PSYCHOANALYSIS**

The Boston Psychoanalytic Society and Institute is an organization dedicated to the vitality of psychoanalytic education, treatment, and ideas in the contemporary world. We are committed to outstanding training in adult and child psychoanalysis and psychoanalytic psychotherapy. Although the Institute has been offering psychoanalytic training for over 75 years, the field of psychoanalysis has changed dramatically, and accordingly we offer a rich educational experience with a curriculum which engages both classical and contemporary developments in theory and technique.

We welcome your interest in our psychoanalytic and psychotherapy programs. Whether you want to become a psychoanalyst or want additional training in psychoanalytic psychotherapy, your training will provide you with the knowledge and skills to deepen your clinical work, and you will become part of a thriving psychoanalytic and psychodynamic community.

Candidates in psychoanalytic training learn in an intellectually and clinically diverse environment, through small group seminars, individual case supervision and a personal training psychoanalysis. Candidates and psychotherapy students are fully integrated into the life of BPSI and have the opportunity to become part of our dynamic psychoanalytic community. The BPSI community strives to support your professional development throughout your career with a variety of educational programs and opportunities for service, research, writing and collaboration.

This Training Guide describes our programs in adult and child psychoanalysis and our programs in adult and child psychoanalytic psychotherapy. Additional information about each training program can also be found on our website www.bostonpsychoanalytic.org, and you are welcome to contact our office (617.266.0953) to be introduced to a BPSI member who can answer your questions. It is our hope that you will find training at The Boston Psychoanalytic Society and Institute to be an exciting and rewarding experience and a rich development in your professional career.

James D. Walton, MD
Chair, Education Committee

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The Boston Psychoanalytic Society and Institute is an affiliate institute of
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BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE MISSION STATEMENT

The Boston Psychoanalytic Society and Institute is dedicated to the enduring vitality of psychoanalytic thought and practice in the contemporary world. Through our commitment to excellence in education, research, and treatment, we seek to reduce emotional suffering and advance the greater understanding and well-being of individuals, families, and society.

TO ACCOMPLISH OUR MISSION, WE PROVIDE:

- Outstanding training in adult and child psychoanalysis and psychoanalytic psychotherapy.
- Resources for the professional development of individual members.
- Institutional support for psychoanalytic scholarship, research, clinical writing, theory development, and applications of psychoanalytic principles to cultural understanding.
- A forum for clinical and scholarly collaboration between our members and other clinicians and academicians.
- Psychoanalytically informed service and education to our broader community.
- Practical application of psychoanalytic ideas in academia, medicine, and the arts.
- Advocacy for and enforcement of the values of ethical clinical care, social responsibility, and appreciation of diversity.

THE TRAINING OF PSYCHOANALYSTS ADMISSIONS PROCEDURES

The Boston Psychoanalytic Society and Institute welcomes applicants from a variety of mental health disciplines. Our goal is to provide a comprehensive psychoanalytic education that enables the candidate to become expert in facilitating a patient's mental health and emotional development via the healing power of the "talking cure." Our training program develops in candidates an understanding of theory and technique as well as fostering the capacity to draw upon his/her own self-understanding and self-analysis in clinical work. Since its inception by Freud over a hundred years ago, psychoanalysis has changed. These developments and changes are reflected in our teaching a variety of contemporary and traditional approaches to theory and technique. In addition to recognizing the power of unconscious forces and conflicts as causative of emotional distress, training at BPSI also emphasizes the significant impact of social forces, developmental trauma, relational disjunctions, and neurobiological variations.

APPLICATION

Questions concerning application procedures may be directed to the BPSI office or the Chair of the Admissions Committee.

APPLICATION FORMS - Application materials may be obtained from the BPSI office. In these applications, BPSI requests information about the applicant's education, professional experience and letters of reference, together with authorization for the Institute to contact institutions or individuals by whom the applicant is known. Application may be made for full or partial training.

INTERVIEWS – After the written application has been received, the Admissions Committee arranges interviews with three Committee members as part of the application process.

NOTIFICATION - Applications are processed as received, and the applicant is notified as soon as action has been taken, usually within one month of completing interviews. To assure review of these applications in time for matriculation the following fall, they must be received by April 1.

REAPPLICATION - An applicant who is not accepted may reapply in a time frame determined by the members of the Admissions Committee.

SELECTION

Applicants are admitted based on their commitment to a psychoanalytic approach and their potential capacity for psychoanalytic work and self-understanding.

CATEGORIES OF TRAINING

Both Full Clinical Training and Partial Training are offered. The categories of training are described below:

I. FULL CLINICAL TRAINING

A. Full clinical training is available to individuals who have obtained the highest clinical degree from an accredited mental health clinical program in their field of study; that is Medical Doctors and Doctors of Osteopathy; individuals with doctoral level degrees in Psychology, Social work, Psychiatric Nursing, and Education; and individuals with masters degrees in social work; psychiatric nursing; and marriage and family counseling. Candidates are generally expected to be licensed by the time they begin classes. Licensure is necessary for beginning analytic cases.

Applicants with masters degrees are also expected to have completed an organized two year post masters psychodynamic psychotherapy program including supervised clinical experience or its

I. FULL CLINICAL TRAINING *continued*

equivalent (i.e., at least 60 post masters hours of psychodynamically oriented coursework and clinical seminars, 3000 postmasters hours of clinical immersion, and 60 post masters hours of psychodynamic psychotherapy supervision).

B. Applicants through the Committee on Special Research and Training (CORST)

Full clinical training is available through the CORST program to scientists, professors in the social sciences and humanities, research psychiatrists and psychologists, educators, and administrators with a strong research interest, for whom psychoanalysis is a relevant related discipline. Prior to beginning classes, or along with participation in classes and in a training analysis, CORST candidates pursue a program, arranged and overseen by BPSI, of clinical didactics and supervised therapy. Based on this program, BPSI then applies for a waiver from the American Psychoanalytic Association for the CORST candidate, in order to enable the candidate to obtain full clinical training, which includes supervised analytic cases.

II. PARTIAL TRAINING

A. Non-CORST Research Fellows

Scientists, scholars, research psychiatrists and psychologists, educators and administrators with a strong research interest for whom psychoanalysis is a relevant discipline but who do not plan to pursue full clinical training or practice psychoanalysis may apply for partial training. These candidates take the full course load and are expected to have a training analysis but they do not undertake supervised clinical work.

B. Guest Candidates

This program is for candidates in good standing from other Institutes who are temporarily in Boston. They may take courses appropriate to their level of training with the approval of instructors.

III. AFFILIATE SCHOLARS

This limited program is available to scholars with established academic credentials who wish to learn more about psychoanalysis to enhance knowledge and research endeavors in their own field. Affiliate scholars will be admitted for a term of one year, following which the scholar may apply for a one year renewal. Upon acceptance an advisor is assigned who will develop a course of instruction adapted to the needs, talents and level of psychoanalytic knowledge of each scholar. They may take seminars appropriate to their level of knowledge with the approval of both the advisor and the instructors and they may attend Scientific Meetings of the Society. Those interested may request further information.

TRANSFER OF CANDIDACY

Candidates in training at other Psychoanalytic Institutes may apply for transfer of candidacy. Credit for training analysis, supervised analysis and theoretical and clinical courses will be decided on an individual basis.

The Boston Psychoanalytic Society and Institute, Inc., 15 Commonwealth Avenue, Boston, Massachusetts 02116, does not discriminate on the basis of race, creed, color, sex, age, sexual orientation, national origin or handicap in admissions, administration of its educational programs, scholarship and loan programs, or employment. The Institute is subject to Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, as amended, Title XI of the Education Amendments of 1972, and The Age Discrimination Act of 1975 and the relevant regulations of 45 CER Parts 80, 84, 86 and 90.

DESCRIPTION OF TRAINING PROGRAM

Psychoanalytic training at The Boston Psychoanalytic Institute offers candidates the opportunity to acquire knowledge about psychoanalytic theory and practice, to enhance self-understanding and understanding of others and to develop the skills needed to become psychoanalysts. The training program consists of three major parts: a candidate's personal training analysis, a curriculum of theoretical and clinical seminars, and a candidate's supervised clinical work.

PERSONAL TRAINING ANALYSIS

A central part of analytic training is the candidate's training analysis, which contributes to the development of his or her self-analytic skill and analytic identity and gives candidates the chance to develop greater understanding of themselves and the analytic process. A productive psychoanalysis helps candidates to develop greater openness to their own feelings and those of others and to alleviate suffering. Through exploration, understanding and insight, candidates acquire the freedom to function more effectively in their personal and professional lives. The analysis provides the candidate with the experience of free association and an understanding of unconscious processes, transference, resistance and termination. Through their own analysis, candidates also develop a fuller appreciation of the nature of their patients' experience with the analytic relationship and process. In the context of a close, working relationship with their analyst, candidates are also able to identify and address conflicts that might interfere with their capacity to be good psychoanalysts.

Candidates are expected to begin their analysis by the spring of their first seminar year and then inform the Administrative Director of the name of their analyst and the date the analysis started. The candidate's analyst will inform the Administrative Director when the candidate has completed the required 300 hours of analysis needed for graduation. This is the only contact that the candidate's analyst has with the Institute regarding the candidate's analytic training.

Candidates are expected to be in analysis during some part of their work with their first analytic case. The fee for the candidate's personal training analysis is arranged between the candidate and the analyst. Many training analysts offer reduced fees to candidates.

ACADEMIC PROGRAM

The Boston Psychoanalytic Society and Institute's curriculum engages candidates by teaching a broad range of classical and contemporary psychoanalytic theories and techniques. The field of psychoanalysis has changed dramatically over more than a century, and to this end, instructors take care to place the evolution of psychoanalytic theories into their historical context. Theory and comparative technique courses review the work of major contributors to psychoanalysis, which include Freud and classical theory, contemporary developments within American ego psychology, Klein and the contemporary Kleinians, and the schools of Object Relations, Self Psychology, and Contemporary Relational Psychoanalysis.

Class work furnishes a rich and creative experience intended to advance each candidate's knowledge and clinical skills, with the ultimate goal of helping each candidate to develop his or her individual identity as a psychoanalyst. Training at BPSI prepares graduates for the clinical practice of psychoanalysis and the application of psychoanalytic concepts to many areas of clinical, scholarly, and other professional work.

The core curriculum consists of five sequences: Theory, Technique, Psychopathology, Development (including Child Development) and Clinical Practice. These strands are interlaced through five years of course work, with a special emphasis on the close relationship between psychoanalytic theory and technique.

These sequences are supplemented by the following curriculum components:

- Research seminar — taught by faculty active in psychoanalytic research.
- Lecture series — three annual talks on matters of contemporary interest given by faculty members followed by formal discussions by candidates.

ACADEMIC PROGRAM *continued*

- Writing program — integrated into the curriculum, this program supports candidates' efforts to write about clinical cases, for progression towards graduation and/or for publication.
- Electives — candidates participate in elective seminars on a wide variety of topics. (for example: Clinical Implications of Bion's Theories; The Interpretive Process in Psychoanalysis; Erotic Transferences/Erotic Perversions)

Since our classes are relatively small, candidates interact closely with faculty members, many of whom have national and international reputations in their areas of interest. All candidates and instructors participate in ongoing reviews of the curriculum, and faculty and candidates work together to use the feedback to meet educational goals.

Candidates are fully integrated into the intellectual life of the Institute. They participate regularly through membership on a candidates' council, through a class and individual advisory system, and through candidate representation on administrative committees. Candidates are full voting members in our Society, which is the largest in the United States. Candidates also participate in scientific meetings, member seminars, a film discussion series, and a wide array of other programs.

Training at BPSI offers entrée into a stimulating and diverse psychoanalytic local, national and international community that provides unparalleled opportunities for lifelong learning and professional development.

Theoretical and clinical instruction consists of required and elective courses and seminars described below. Required courses include three years of Adult Clinical Conferences and two years of Continuous Case Seminars. Candidates are eligible to enroll in these seminars provided that they will have begun their training analyses by or in the fall of the academic year of the First Year Courses. Promotion to succeeding seminar years follows upon the candidate's satisfactory progress in course work and upon approval of the Students Committee.

Course Listing, 2010-2011

Year I

Basic Concepts, Clinical Technique I, Freud I, Dreams, Development I, Child Analysis, Ego Psychology, Combined Clinical Case Conference

Year II

Freud II, Technique II, Psychopathology I, Dreams, Development I, Clinical Continuous Case, Ego Psychology, Combined Clinical Case Conference

Year III

Psychopathology II, Technique III, Development II, Writing, Self Psychology, Clinical Continuous Case, Relational Theory, Combined Clinical Case Conference

Year IV

Research, Technique IV, Development II, Writing, Clinical Continuous Case, Combined Clinical Case Conference, Choice of Electives

Year V

Research, Technique V, Theory V Integrative Seminar, Clinical Continuous Case, Combined Clinical Case Conference, Choice of Electives

Electives

Modern Psychoanalysis and Women, Theories of Seduction and the Ethics of Psychoanalysis, The Interpretive Process and the Process of Working Through, Termination, D.W. Winnicott on Creativity, Play and the Analytic Experience II, Melanie Klein's Ideas in Contemporary Psychoanalytic Practice, Existential Phenomenology and Psychoanalysis—An Introduction, Freud's Papers of Technique, Psychoanalytic Perspectives on Couple Therapy, Reading Thomas Ogden

SUPERVISED CLINICAL WORK

As part of their analytic training, candidates treat under supervision at least three patients in psychoanalysis. Candidates choose from a list of designated supervisory analysts a different

SUPERVISED CLINICAL WORK *continued*

supervisor for each case. The clinical work and the supervisory experience provide candidates with the opportunity to acquire the skills and attitudes to be an effective psychoanalyst. Supervision aims to help candidates develop an analytic stance that fosters free association, an ability to be attuned to the patient's feelings and to listen to analytic material at different levels, an ability to identify and understand transference and countertransference feelings, a capacity to use different conceptual models in understanding clinical material, and an ability to make interventions that facilitate the development and deepening of the psychoanalytic process and alleviate the patient's suffering.

Candidates meet with their supervisors weekly, although less frequent supervision may be arranged between the candidates and supervisors when candidates have had considerable experience with a particular case. Candidates receive feedback about their clinical work from supervisors on an ongoing basis and during an annual review. Supervisors periodically report to the Students Committee, a committee at BPSI which oversees the candidate's progression in training.

Candidates pay supervisors a fee for the supervisory hour. The maximum fee is \$100 per session, and scholarship and loan funds are available. Contact Mr. Edward Thomas, the Administrative Director, for more information about loans and scholarships.

UNSUPERVISED CLINICAL WORK

Candidates whose work is considered superior as recommended by a supervising analyst are eligible, after completing 120 hours or more of supervision in three cases, to conduct the analysis of additional cases prior to graduation without Institute supervision, upon approval by the Students Committee.

GRADUATION

Candidates in Full Clinical Training These candidates are qualified for graduation from the Institute and active membership in the Boston Psychoanalytic Society and Institute when they have met the requirements of the "Standards for Training in Psychoanalysis" of the American Psychoanalytic Association. Candidates are evaluated for graduation on the basis of their development during analytic training and on the quality, depth and breadth of their analytic experience. The minimal criteria for graduation include (1) a training analysis of at least of 300 hours, (2) conducting one supervised analysis with at least 50 hours of supervision, (3) conducting at least 2 other supervised analyses with a total accumulation of at least 150 hours of supervision, with these supervised analyses involving both male and female patients, (4) at least 3 case presentations at adult clinical seminars, (5) case reports on all supervised cases, and (6) attending the required theoretical and clinical courses.

Upon graduation from full training a member of the Boston Psychoanalytic Society and Institute is eligible for membership in the American Psychoanalytic Association.

Special Research Fellows Special research fellows are qualified for graduation and Affiliate Membership in the Boston Psychoanalytic Society and Institute when they have satisfactorily completed the training analysis, the required theoretical and clinical courses and brought to a suitable stage whatever other parts of their training program they and the Education Committee will have decided on together.

Affiliate Membership Affiliate membership may also be granted to certain candidates for full clinical training who for various reasons do not complete that training but in the judgment of the Education Committee have satisfactorily completed enough of their training to qualify for this membership.

FEES

Tuition 2011-2012:

Annual tuition is currently \$2683, billed in advance of the academic year, for five years.

Tuition for years VI and beyond is currently \$1155 per year, billed once in advance of the academic year. (This tuition is the same as Active Members Dues.)

An application fee of \$145 must accompany each application.

The Enrollment Fee of \$450 is payable upon acceptance as a candidate in training.

Candidates for partial training pay the tuition fee for 5 years.

Supervisory Fees:

Reduced fee supervision is available for candidates at \$100 per session. A minimum of 150 hours of supervision on three analytic cases are required for graduation.

Scholarship money is available to support candidates treating low-fee analytic control cases where the patient's weekly fee is lower than the weekly supervisory fee. Candidates may submit requests to the scholarship committee for funding every six months or each year.

Loan and Scholarship Assistance:

Limited loan and scholarship assistance is available through the Boston Psychoanalytic Society and Institute, the American Psychoanalytic Association and the International Psychoanalytical Association.

Applications for BPSI scholarship assistance will be handled confidentially by a scholarship review subcommittee consisting of one board member, not involved with education, and two community members of the BPSI Board of Trustees.

Personal Training Analysis:

Fees for training analysis are negotiated between the candidate and his or her analyst.

Reduced fee analysis is available to candidates. The BPSI administrative office maintains a current list of Training Analysts who are accepting reduced fee analysis.

Fee Policy:

Fees are subject to change. Fees cannot be refunded. Annual tuition must be paid prior to the start of classes each Fall. Satisfactory discharge of financial obligations is required for graduation.

LEAVE OF ABSENCE POLICY

Candidates may request a leave of absence by discussing the request with their advisor and then submitting a request in writing to the chair of Students Committee for review. Please note the following regarding any leave of absence:

1. A leave of absence cannot be granted if a candidate is treating patients in analysis.
2. Candidates will not pay tuition while on leave but will be charged a \$500 fee for each year on leave.

LEAVE OF ABSENCE POLICY *continued*

3. A candidate's leave of absence status will be reviewed annually by the Students Committee.
4. Candidates on leave cannot hold office or participate in committee work at BPSI.
5. Candidates will continue to have access to PEP through the library.

As in the past, candidates may need to miss multiple classes or seminars for personal reasons. Candidates should discuss these absences with their advisor and course instructors and inform the Chairs of the FEC/JCC and SC of their absence and plan to make up the class work. These absences are not considered a leave of absence.

Candidates are responsible for payment of the full tuition on a yearly basis for five years. Made up work does not extend the period of full tuition beyond five years. Annual tuition for advanced candidates (years VI and beyond) is the same amount as active member dues.

Candidates are responsible for payment of the full tuition on a yearly basis for five years. Made up work does not extend the period of full tuition beyond five years. Annual tuition for advanced candidates (years VI and beyond) is the same amount as active member dues.

INTERRUPTION OR TERMINATION OF CANDIDACY

The progress of all candidates during training is subject at all times to review by the Education Committee, which reserves the right to specify additional training or to terminate candidacy if in its opinion a student has not demonstrated the necessary qualifications and/or competence in psychoanalysis. This decision is based on grounds of a) unsatisfactory progress; b) unsatisfactory ethical conduct; or c) personality traits which render the candidate unsuited for the practice of psychoanalysis. In each instance, the candidate is informed and consulted in the process leading to this decision.

LEARNING OBJECTIVES OF THE PSYCHOANALYTIC TRAINING PROGRAM

Psychoanalytic training at The Boston Psychoanalytic Institute consists of three major parts: a candidate's personal training analysis, a curriculum of theoretical and clinical seminars, and a candidate's supervised clinical work.

PERSONAL TRAINING ANALYSIS

The personal training analysis provides candidates with the experience of free association and transference and with the ability to recognize unconscious processes. In a productive analysis candidates can acquire the freedom to function more effectively in their personal and professional lives. Candidates develop and utilize self-analytic skills and gain an appreciation of their patients' experiences with the analytic relationship and process.

PSYCHOANALYTIC CURRICULUM

By participating in seminars on a broad range of classical and contemporary psychoanalytic theories and techniques, candidates are able to describe, critique and utilize: basic psychoanalytic concepts, Freud's theories, other major psychoanalytic models of the mind, an understanding of psychopathologic disorders, and an understanding of developmental theories. In addition candidates will be able to discuss the relationship between psychoanalytic theory and clinical practice.

Through clinical seminars in which candidates and faculty present analytic case material, candidates discuss and utilize skills in listening, reflecting and intervening within an analytic stance. They will be able to practice psychoanalytic case formulation and discuss and critique different technical approaches to clinical material.

SUPERVISION OF CLINICAL WORK

Supervision helps candidates develop an analytic stance that fosters free association, an ability to be attuned to the patient's feelings and to listen to analytic material at different levels, an ability to identify and understand transference and countertransference feelings, a capacity to use different conceptual models in understanding clinical material, and an ability to make interventions that facilitate the development and deepening of the psychoanalytic process and alleviate the patient's suffering.

Candidates will be able to use supervision to discuss patient evaluation, views of understanding clinical process, and the relationship between theory and clinical understanding and technique while developing skill at articulating their own ideas about the treatment.

In writing cases reports candidates utilize supervision to discuss how to write effectively about analytic events and analytic process.

TRAINING PROGRAM IN CHILD AND ADOLESCENT PSYCHOANALYSIS

Clinical training in child and adolescent psychoanalysis aims to give the student the theoretical understanding and the clinical skills necessary to effectively utilize a psychoanalytic process in the treatment of children and adolescents and the clinical skills necessary to work with their parents. It includes understanding psychoanalytic material within the context of a child's ongoing development and changing modes of communication. The training also includes learning specific techniques useful in the analytic situation with children.

APPLICATION

An applicant is eligible to apply for admission to the Training Program in Child and Adolescent Psychoanalysis when the applicant has graduated from or is an active candidate in adult psychoanalytic training at the Boston Psychoanalytic Society and Institute, has graduated from or is an active candidate in adult psychoanalytic training at the PINE Psychoanalytic Center, or has graduated from or is an active candidate in adult psychoanalytic training at the Massachusetts Institute for Psychoanalysis. When an application for this training is approved by the Committee on Child Analysis, it is sent to the Education Committee for final action.

A candidate may apply for this training any time after completing 6 in the adult program. Training in child and adolescent analysis can then be commenced concurrently with training in the adult program.

PREREQUISITES

At the time the applicant is considered for admission to the Program in Child and Adolescent Psychoanalysis, the applicant will discuss with a member of the Committee on Child Analysis the nature, range and adequacy of the applicant's professional experience with children and adolescents.

One year of full-time child training in a recognized center is required, as well as supervised psychotherapeutic work with children and experience with children in a variety of settings such as pediatric services, schools and day-care centers, or by further child training and subsequent clinical experience with children and adolescents. Eligibility for education and clinical training in child and adolescent psychoanalysis is based in part on prior experience with children and adolescents. The candidate should have considerable experience with normal children and adolescents and experience in the diagnosis and treatment of pathological conditions in children and adolescents.

PROGRAM

As in adult psychoanalytic education and clinical training, education and clinical training in child and adolescent analysis is based on the tripartite model. It includes the personal analysis, supervised clinical work and a didactic curriculum.

PERSONAL ANALYSIS

The analysis of children can stir up unconscious conflicts within the analyst that are unexpected, unpredictable, and can be unsettling in many ways. It is therefore highly desirable for the candidate to continue or resume personal psychoanalysis during training in child and adolescent psychoanalysis. If child training is not begun until the latter part of adult training, subsequent to the termination of the personal analysis, it is recommended that the candidate resume the personal analysis during supervised clinical work with children.

After completing the personal analysis, child candidates should have developed and be able to demonstrate that they have acquired sufficient self knowledge, including knowledge related to their unconscious conflicts, personality styles, strengths, and vulnerabilities, to enable them to work analytically with patients and maintain an analytic stance during complex therapeutic conditions that can involve work with intense affect states, archaic contents/modes of thinking, primitive defenses, and primitive transferences and countertransference responses.

SUPERVISED ANALYSES OF CHILDREN AND ADOLESCENTS

The candidate in child and adolescent analysis is required to analyze at least three children/adolescents. The analytic experience should include analyses of at least one boy and one girl. Ideally these analyses will include children in pre-latency, latency, and during some phase of psychological adolescence. However, an acceptable distribution in lieu of this ideal distribution would be either one adolescent case and two latency cases, or one adolescent case and two pre-latency cases.

One hundred and fifty hours of supervision are required, sixty hours of which shall be obtained through weekly supervision of the first case. Thereafter, the supervisors and trainee will arrange the frequency of the supervision, depending upon the complexities of the particular child analysis and the trainee's progress. Each trainee shall work with at least two, and preferably three different accredited Supervising Child Analysts. The clinical progress of the trainee is followed in regular meetings of the Committee on Child Analysis, for which supervisors prepare written reports.

After completing supervised analyses of at least three child and adolescent cases, child trainees should have developed the skills necessary to: (1) conduct child and adolescent psychoanalysis; (2) work with the children and adolescents' parents and families in ways that will promote the child/adolescent's development and support and facilitate the child/adolescent's progress in analysis; (3) complete written case reports for all of their supervised cases integrating their knowledge and demonstrating in their writing their ability to organize, present and integrate clinical theory learned in their analytic work with children and adolescents. Written case reports are a requirement for graduation.

SEMINARS

A four-year program of seminars is required for trainees in child and adolescent analysis, in addition to the core seminars in the development sequence that are also required in order to graduate from the adult psychoanalytic training program. Newly accepted trainees are eligible to enroll in the seminar sequence upon approval by the Committee on Child Analysis. Trainees participate in one seminar per semester and are required to complete eight seminars. The current seminars in the child curriculum include: "The History of Technique in Child Analysis", "Preparation for Child Analysis and Work with Parents", "Child and Adolescent Psychopathology", three seminars on technique and two clinical Conferences. The content of the seminars will vary according to the needs of the candidates and the interests of the instructors.

Candidates are fully integrated into the intellectual life of the Child Community and the Institute. They are invited to and participate in The Child Committee meetings and attend and participate in all child related scientific meetings; most notably, The Beata Rank Lecture and The Visiting Child Analyst Workshops.

After completing theoretical seminars, child trainees should have developed the skills to compare, contrast, and discuss the technical implications inherent in various psychoanalytic theories as they relate to child and adolescent psychoanalysis. Following completion of technical and clinical seminars, child trainees should be able to demonstrate their ability to organize, present, and integrate the clinical theory/technique they have learned in technique courses with their analytic work with children and adolescents.

GRADUATION

When the Committee on Child Analysis considers a trainee ready for graduation from the program, a recommendation to that effect is brought to the Education Committee, which certifies the trainee as a Graduate Psychoanalyst of Children and Adolescents of the Boston Psychoanalytic Society and Institute, Inc.

THE PROGRAM IN PSYCHOANALYTIC STUDIES

The Program in Psychoanalytic Studies offers courses to the mental health, professional, and academic communities that teach, explore, and develop areas of psychoanalytic understanding. The goal of the Program is to enrich our understanding of clinical and theoretical psychoanalysis as well as to explore the interface between psychoanalysis and intellectual and social issues of concern to the community.

The flexibility of the Program in Psychoanalytic Studies makes it an ideal structure for members and candidates who wish to develop courses or seminars based on personal psychoanalytic interests. All members and candidates interested in teaching are encouraged to contact the Extension Program Committee.

ADVANCED TRAINING PROGRAM IN PSYCHOANALYTIC PSYCHOTHERAPY

This three-year program offers a series of integrated seminars and case supervision by senior clinicians leading toward a sophisticated understanding of the clinical techniques and theoretical complexities of psychoanalytic psychotherapy. The coordinated theoretical and clinical seminars offer a rigorous exploration of the clinical encounter and the therapeutic process.

The program is open to mental health professionals who have demonstrated skill and aptitude for psychoanalytic psychotherapy. Clinicians from the fields of psychiatry, psychology, social work, counseling, and psychiatric nursing will be considered for admissions, and occasional students are accepted with other types of preparation. Students who have completed the work satisfactorily will be awarded a Certificate in Advanced Psychotherapy from the Program in Psychoanalytic Studies of the Boston Psychoanalytic Society and Institute.

ADVANCED TRAINING PROGRAM IN CHILD AND ADOLESCENT PSYCHOANALYTIC PSYCHOTHERAPY

The Child and Adolescent Advanced Training Program (CAATP) is an outgrowth of the Advanced Training Program which was established in 1979. The goal of the CAATP is to fulfill a need for advanced training in psychoanalytically informed psychotherapy of children and adolescents. The orientation of the Program is the development, through scholarship and clinical practice, of the advanced knowledge required to conduct psychoanalytic psychotherapy.

FELLOWSHIP IN PSYCHOANALYTIC PSYCHOTHERAPY

The Fellowship is a one-year program designed to enhance participants' grasp of the principles and practice of psychoanalytic psychotherapy. It is a complete introductory course of study in itself, and can also serve as an exploratory and introductory year for clinicians who are considering more extensive training in psychoanalytic psychotherapy or psychoanalysis.

The Fellowship is designed especially for mental health clinicians who have completed or are in an advanced phase of their requisite clinical training (psychiatric residency, psychology internship, MSW, Masters in psychiatric nursing, etc.) and who desire further didactic and clinical education in psychoanalytic psychotherapy...

For applications and brochures for any of these programs, call the Administrative Office at (617) 266-0953, email office@bostonpsychoanalytic.org, or visit the website at www.bostonpsychoanalytic.org

MEMBERSHIP IN THE BOSTON PSYCHOANALYTIC SOCIETY

There are ten types of membership in the Boston Psychoanalytic Society and Institute: Honorary, Active, Affiliate, Affiliate Scholar, Senior, Corresponding, Candidate, BPSI-PINE Reciprocal Non-Voting, Psychotherapist Members, Student Psychotherapist Members, Academic Associate Members and Student Academic Associate Members.

1. HONORARY MEMBERS

Psychoanalysts who have rendered distinguished service to the science of psychoanalysis may be nominated by the Membership Committee and elected by written ballot to honorary membership by a two-thirds majority of the Active and Affiliate Members present and voting.

2. ACTIVE MEMBERS

a. Active Members. Graduates of the Boston Psychoanalytic Institute are automatically admitted to active membership in the Boston Psychoanalytic Society and Institute, Inc., upon graduation. The Secretary of the Education Committee shall transmit each graduate's credentials and qualifications to the Chairperson of the Membership Committee and/or to the President of the Society-Institute at the time of graduation.

b. Active Members (Research). Graduates of the Research Fellow Program of the Boston Psychoanalytic Institute who have completed the full course of theoretical and clinical training are automatically admitted to active membership (Research) in the Boston Psychoanalytic Society and Institute, Inc., upon graduation.

Graduates of other Institutes affiliated with the American Psychoanalytic Association or graduates of Institutes affiliated with the International Psycho-Analytical Association, whose qualifications and credentials have been reviewed and approved by the Education Committee, may be nominated by the Membership Committee of the Boston Psychoanalytic Society and Institute, Inc. and elected by written ballot to active membership in the Boston Psychoanalytic Society and Institute, Inc. by two-thirds majority of the Active and Affiliate Members voting.

3. AFFILIATE MEMBERS

a. All Special Research Fellows who have fulfilled the requirements of the Boston Psychoanalytic Institute for training offered in the category are automatically admitted to Affiliate Membership in the Boston Psychoanalytic Society and Institute, Inc. upon graduation.

b. Individuals with equivalent qualifications, who are certified by other Institutes recognized by the American Psychoanalytic Association and whose credentials are reviewed and approved by the Education Committee, may be nominated and elected to affiliate membership in the Boston Psychoanalytic Society and Institute, Inc. by the same procedures set forth for Active Members in paragraph 2 of this Section.

c. Affiliate membership in the Boston Psychoanalytic Society and Institute, Inc. is also automatically granted to candidates in full clinical training who for various reasons do not complete full training but in the judgment of the Education Committee have satisfactorily completed enough of their training to qualify for this membership. In these cases the Education Committee transfers the candidacy to the status of partial training and then approves the candidate for graduation in that status.

4. AFFILIATE SCHOLAR MEMBERS

Outstanding individuals whose intellectual contributions and achievements are demonstrated and who may be expected to benefit psychoanalysis and the Society-Institute, may be selected by the Executive Council for nomination, and elected to Affiliate Scholar Membership in the Boston Psychoanalytic Society and Institute, Inc. by the same procedure as set forth for Active Members in paragraph 2 of this section (except for review of credentials by the Education Committee, since no specific credentials are required for this category of membership). Wherever in this Constitution the term Affiliate Member(s) appears it shall, without exception, be taken to include Affiliate Scholar Members.

5. SENIOR MEMBERS

Members of the Boston Psychoanalytic Society and Institute, Inc. in any category, who either (a) have attained the age of seventy (70) years or (b) have completed a period of thirty (30) years as Members of the Boston Psychoanalytic Society and Institute, Inc. in any category shall be known as Senior Members. Dues obligation for Senior Members will be on a stepped structure based on practice. All Senior Members who remain in full-time practice shall be expected to pay full annual dues. Senior Members in part-time practice shall be expected to pay one-half of active members dues. Dues shall be optional for Senior Members who are not in practice. Senior Members shall have the same status as other members in their membership category.

6. CORRESPONDING MEMBERS

Corresponding Membership shall, because of special circumstances, such as financial hardship, geographic distance, temporary or permanent illness and/or disability, double membership in Affiliate Societies, etc., be open to Members in good standing, upon request to the Membership Committee by that Member. Annual Dues for Corresponding Members shall be nominal. Corresponding Members shall have the same privileges as other Members, and shall be retained on a separate list from other membership categories; they shall receive, upon request, the following communications: (a) Monthly Calendar Programs; (b) President's Newsletter; (c) Annual Report; (d) Any other communications deemed by the President or the Member to be relevant and of special interest.

7. CANDIDATE MEMBERS

Candidates in good standing who have matriculated [enrolled as candidates] shall automatically be granted Candidate Member status. Candidate Members shall be eligible to serve on all committees unless ineligible according to the Bylaws and Constitution of the Boston Psychoanalytic Society and Institute. Candidate Members shall be eligible to attend all Business Meetings; Candidate Members shall be eligible to vote in all elections unless explicitly ineligible according to the Bylaws and Constitution of the Society-Institute. Candidate Membership shall not count towards the period of thirty years' dues payment for senior membership.

8. BPSI-PINE RECIPROCAL NON-VOTING MEMBERS

Active Members of the PINE Psychoanalytic Center are eligible to apply for non-voting membership in BPSI. Eligibility for non-voting membership shall be on confirmation of full membership status by the PINE Psychoanalytic Center. Dues shall be set by the Board of Trustees and as in all membership categories, be subject to annual cost of living increases. Non-voting Members are eligible to attend all Society meetings, but are not eligible to vote or hold office. Candidate Members of PINE Psychoanalytic Center are eligible upon confirmation of membership status in the PINE Psychoanalytic Center for non-voting candidate membership in BPSI and subject to the same fees as BPSI Candidate Members.

9A. PSYCHOTHERAPIST MEMBERS

The Boston Psychoanalytic Society and Institute Advanced Training Program in Psychoanalytic Psychotherapy is a three-year certificate program for licensed clinicians in the mental health field. Graduates of the Boston Psychoanalytic Society and Institute Advanced Training Program and of the Child Advanced Training Program are automatically granted Psychotherapist Membership upon graduation. Psychotherapist Members are voting members of the Society. They will be eligible to serve on all Committees, unless ineligible according to the Bylaws and Constitution of the Boston Psychoanalytic Society and Institute. Dues are to be established by the Board of Trustees.

Two Psychotherapist Members shall be nominated by the Nominating Committee of the Society-Institute and elected by the membership to serve as members of the Executive Council.

9B. STUDENT PSYCHOTHERAPIST MEMBERS

Psychotherapy Members Students in good standing enrolled in the Advanced Training Program in Psychoanalytic Psychotherapy and of the Child ATP of the Boston Psychoanalytic Society and Institute, Inc. are, upon matriculation, automatically granted Student Psychotherapist Membership. Student Psychotherapist Members shall be a voting category of Membership. Dues are to be established by the Board of Trustees.

10A. ACADEMIC ASSOCIATE MEMBERS

Affiliate Scholars and Silberger Scholars are automatically granted Academic Associate Membership. Academic Associate Members are non-voting members of the Society. Dues are to be established by the Board of Trustees.

10B. STUDENT ACADEMIC ASSOCIATE MEMBERS

Students in good standing enrolled in the Boston Psychoanalytic Society and Institute Affiliate Scholar Program and Silberger Scholars are automatically granted Student Academic Associate Membership for the time they are so enrolled. Upon approval of the Board of Trustees, no dues are charged during the course of study.

CONTINUING EDUCATION

Members of the Boston Psychoanalytic Society and Institute, Inc., are eligible to attend any course of the Institute and Program in Psychoanalytic Studies with the approval of the individual instructor. Members of other Affiliate Societies of the American Psychoanalytic Association and of the Component Affiliate Societies of the International Psycho-Analytic Association are eligible to attend courses upon approval of the Education Committee.

Training in Psychoanalysis

Physicians: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Boston Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 96 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Psychologists: The Boston Psychoanalytic Society and Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Boston Psychoanalytic Society and Institute maintains responsibility for this program and its content. This program offers 96 Continuing Education credits.

Social Workers: Please contact the BPSI Administrative Office about continuing education for social workers.